	Neck ens' Me	edical	Care	
1010 Northern Blvd., Suite 106, Tel: (516) 466-3663 •		경기에 가장하는 것이 얼마나 없다.	< 11021	
Robert A. Jason, M.D., Medical Director • Keith F. Rawlinson, M.D., Assoc Medical Director				
A.C.R. ACCREDITED — American College of Radiology				
□ Breast Mammogram□ Breast Sonogram□ Ultrasound Guidance Fine Needle Aspiration/Biops	BILATERAL		RIGHT	
Please mark location of any palpable lump(s)				
We suggest the following sym Discrete Diffuse Questionable Thicken	Skin or ni	pple retrac		
RIGHT		LEFT		

Patient's Name	Date		
Referring Physician	Tel #		
Clinical History (Please bring copies of perti	nent medical records)		
ULTRASONOGRAPHY	ANTEPARTUM TESTING		
DB/Gyn Procedures Pregnancy Sonogram Pelvic Sonogram Transabdominal Pelvic Sonogram Transvaginal Color Doppler Imaging Follicular Maturation	 □ Pregnancy Sonogram □ Biophysical Profile □ Umbilical & Uterine Artery Doppler Flow Velocimetry □ Non Stress Test 		
General Ultrasonography Procedures	□ Amniocentesis - Blood Type □ Rhogam Injection □ Genetic Counseling		
☐ Abdominal Sonogram ☐ Gallbladder ☐ Renal Sonogram	Fetal Echocardiography with Doppler Echocardiography and Color Flow Velocity		
□ Abdominal Aorta Sonogram □ Thyroid Sonogram □ Other	Perinatal Consultation (Suite #102)		

PREPARATION FOR DIAGNOSTIC PROCEDURES

Ultrasonography:

PELVIC SONOGRAM TRANSABDOMINAL

A full bladder is necessary for the exam. In order to have a full bladder, please drink 32 oz. of liquid 1 hour before exam. Do not empty bladder.

PELVIC SONOGRAM TRANSVAGINAL

No preparation is necessary.

PREGNANCY SONOGRAM

A full bladder is necessary for the exam. OB from 1-6 months, drink 32 oz. of fluid; from 6-9 months, drink 16 oz. of fluid 1 hour before exam. Do not empty bladder.

ABDOMINAL, GALLBLADDER, RENAL SONOGRAM

Do not eat or drink starting at midnight the evening before the exam. Eat a light meal for dinner avoiding oily or fatty foods. Do not eat meat, butter and eggs.

Please call the office if you have any questions regarding preparation for studies.

Mammography:

Please schedule appointment at least two weeks prior to menstruation when pregnancy is unlikely and breasts are less sensitive. Avoid caffeine the day before and the day of the mammogram (caffeine accentuates breast tenderness).

DO NOT USE any powder or deodorant the day of the test. (Powder and the microcrystals in deodorant can cause confusing shadows on the x-rays which may require additional views.)

Wear comfortable clothes (a blouse and skirt or slacks) for the test.

PLEASE BRING PREVIOUS MAMMOGRAPHY FILMS WITH YOU

DIRECTIONS:

Great Neck Womens' Medical Care is located on Northern Blvd. between Lakeville Road and Community Drive.

By Car

From Manhattan or Queens

Long Island Expressway to Exit 33 - Lakeville Road. Make a left turn onto Lakeville Rd. Drive 1 mile and make a right turn onto Northern Blvd. (25A). The office is $\frac{1}{2}$ mile on right side.

Grand Central Parkway to Exit 25 - Lakeville Road. Make a right turn onto Marcus Avenue and then an immediate right turn onto Lakeville Road. Drive to Northern Blvd. and make a right turn. The office is ½ mile on the right side.

From Long Island

Long Island Expressway to Exit 33 - Lakeville Road. Make a right turn onto Community Drive. Drive 1 mile to Northern Blvd. (25A). Make a left turn onto Northern Blvd. The office is near the top of the hill, on the left side.

Northern State Parkway to Exit 25 - Lakeville Road. Make a right turn onto Lakeville Road. Drive to Northern Blvd. and make a right turn onto Northern Blvd. The office is ½ mile on the right side.

By Bus

The following buses stop on Northern Blvd. near the office: N20, N21, N25

By Train

The Great Neck - Port Washington Line to Great Neck Station. Cabs are available at the station, which is approximately one mile from the office.

