HIFEM FOR MALE URINARY INCONTINENCE AND ERECTILE DYSFUNCTION

IMPROVING MALE PELVIC HEALTH: EFFICACY OF HIFEM MUSCLE STIMULATION FOR URINARY INCONTINENCE AND SEXUAL DYSFUNCTION IN MEN

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HIGHLIGHTS

- 20 patients (27-72 years) with urinary incontinence (UI) symptoms accompanied by erectile dysfunction (ED) were recruited in the study.
- All patients received 10 procedures of 28 minutes, delivered once a week.

Results immediately after the treatment:

- Urinary incontinence (International Prostate Symptom Questionnaire).
 - o 46% Improvement in **nocturia** (frequency of nighttime urination).
- Erectile dysfunction (International Index of Erectile Dysfunction).
 - o 37% improvement in maintaining erection during intercourse.



